

## Measuring Shyness of Students in the Proposal Presentation

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**Abstract:** Students have numerous challenges when trying to communicate in a foreign language, particularly English. One of the impediments is shyness, which is a psychological issue. The goal of this study is to determine the level of shyness among students and to discover the elements that contribute to their shyness when giving a proposal presentation. The McCroskey's Shyness Scale was used to assess students' levels of shyness. Thirty-seven students took part in the study. It has 14 questions on a five-point Likert scale. Only 19 percent of pupils scored in the "low" range, indicating that they are having difficulty overcoming their shyness. This study also discovered that a teacher's personality has an impact on a student's timidity. As a result, kids needed to be near to their teachers. Incomprehensible input is something that concerned by the students; the students often misunderstand in teacher's asking way. Students' self-esteem is one of the challenges, as is the atmosphere, lack of preparation, and material.



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## INTRODUCTION

Speaking English is regarded as a crucial talent for communicating with people all over the world. As a result, everyone in the global Era requires English communication. Everyone should be able to communicate effectively in English in order to prepare for their future vocations and lives. In actuality, despite the fact that English has been taught in schools for at least six years, pupils still have difficulty communicating verbally. This issue arises from a lack of confidence among students.

In the classroom, debate, story telling, role play, and presentation are all examples of speaking exercises. This study focuses solely on presentation, which is a common activity among students. Many students in the English Education Department struggle with

proposal presentations due to shyness, which can be a major impediment. The pupils encountered difficulties speaking adequately during the presentation. To put it another way, shyness has a significant impact on pupils' speaking abilities.

In presentation activity, the aim is to express the students' opinions or idea but the shyness can hinder the students from attaining the topic. They tend to be shy when they feel other students have more skill in speaking and they are afraid of making a mistake when express the ideas.

## THEORETICAL SUPPORT

### Shyness

Shyness is it something that can make a person to be quiet and reticent in company or others. (Scott 2007). Shyness

should be owned by every human being both male and female, but the shyness that must be had is not excessive of shyness. If the shyness has at an excessive level, then it can make a person unable to fulfill his full potential (Ridfah 2007). Shyness is an insidious personal problem that is reaching such epidemic proportions as to be justifiably called a social disease. Trends in our society suggest it will get worse in the coming years as social forces increase our isolation, competition, and loneliness (Philip 1997). According to Carducci as cited by Kusumasari (Hidayati n.d.) shyness is the existence of inconvenience and protection constraints that happen if there is someone else present at the meeting.

### **Factors of Shyness**

Shyness as a characteristic of an individual, less of behavioral social skills, a chain of faulty cognition, and so on (Scott 2007).

Meanwhile, Mangunhardjana said that factors are shyness could be appeared from the time that he was born, environment, low self-esteem, or accident which is when getting physical disability that looks striking (A.M. 2005).

According to (Croskey Mc n.d.) that novelty, formality, social attetion, and breaches of privacy are the factors of shyness.

### **Levels of Shyness**

We often experienced shyness while in public places. The shyness that we feel always changes depending on the level. Maybe we felt shyness so that it makes us sweat or we felt our heart beating even maybe felt speechless then cannot find the ideas that exist because it just disappeared.

There are three levels of shyness according to Mc Croskey. They are a high level of shyness, moderate level of shyness, and low level of shyness. High shyness is indicated if scores are above 52

points. Moderate shyness is indicated if the scores between 32 and 52. The last low shyness is indicated if the scores below 32 (McCroskey and Richmond 1982).

### **Presentation**

Presentation is a formal talk to one or more persons that presents ideas or information in a clear and structured way. Giving a presentation is one form of communication (Hanifah n.d.) . By giving the presentation, you can gain visibility to inform others of the result that you have carried out (Andrian 2016) it means, the presentations can be very useful for others and train individuals to talk in front of crowds (Kheryadi and Hilmiyati 2021).

### **Shyness in Presentation Classroom**

In the presentation, we need a good performance including in speaking and also good looking to make the audience interested and easily understand our materials.

Before the students deliver the presentation, obviously they need to know what they are trying to achieve and what they are to talk about. So they would probably take time for making the subject for it (Siddons 2008); (Namaziandost et al. 2019)

During presentations, students often face difficulties in conveying ideas or opinions, one of them when the students feel shy. They worried about what others suppose them in delivering the material at some time during the presentation in the classroom and they do not have any self-assurance in themselves. They are established through their social nervousness and unable instantaneous to deliver information (Ayesha 2016). They are nevertheless unable to express their ideas by speaking or making dialogue with friends in front of the class. It might be that they nonetheless have difficulties in expressing their ideas, concept, and feeling (Marhamah 2016)

Therefore, the shyness in presentation could be the biggest obstacle for students because shyness can bring up any symptoms that can inhibit the students in conveying ideas or opinions.

Here is the conclusion the factor of shyness in presentation: (1) From self; the people got shy it because low self-esteem (unconfident, present by other, the novelty), lack of preparation, lack of material, and the environment. (2) From other people such as the their personality and incomprehensible input (3) From material like the excessive of the material.

## METHOD

This study used the qualitative research to analyze and describe the levels and factors of students' shyness in presentation. Qualitative research tends to be appropriate in presenting a natural and a holistic pictures of the phenomena. (Gass 2000).

### Research Sample

Thirty seven Students of the eighth semester Department of English Education, Universitas Islam Negeri Sultan Maulana Hasanuddin Banten, were the respondents of this study.

### Research Instrument and Procedures

Questionnaire and interview are the instruments of this research. Questionnaire is one of a research instrumen that consist of some questions for the purpose of gethering information from the respondents. McCroskey's Shyness Scale was modified and used in this study. The questionnaire was focused on the presentation of the student in the proposal presentation. The researchers provided the questions to interview the students about five questions and make sure that the questions are matced to the case. The interview will be done

through the WhatsApp call to get the information. Through interviewing the respondents, the interviewer can gain more comprehensive information on their perspective regarding the proposal presentation.

## RESULT AND DISCUSSION

### Result

The result shows that based on the questionnaire used the formula of McCroskey shyness scale the writer found score and categorizing the students' shyness presented in table below.

**Table 1.** Summary of Students' Scoring and Categorizing

No	Range	Level	Result
1	Above 52	High	30 %
2	32-52	Moderate	51%
3	Below 32	Low	19%

While in interview, the confidence in proposal presentation most bothered the participants because the participants were nervous, fast heart beating that makes students unclear in explaining the material. Students also were felt shy because the proposal presentation is the first time for them.

Further, the students thought the teacher or examiner also can generate shyness because of the teacher's personality. Some students think by faced with a strict teacher that makes students fear. Students also said they felt shy because they have a teacher that never taught before.

Moreover, students think that sometimes the teacher asked a question that is difficult to understand.

Further, the students feel shy because only had limited grammar knowledge so make the students unconfident. Besides, the lack of preparation makes students shy in delivering the presentation.

While asked about the present by others, the students responded that the presence of other greatly affects shyness.

This could happen because the students feel nervous and insecure.

After presenting the proposal, students were worried about the question that given by the teacher whether they can answer the question. Besides, they also worried about the revision of proposal.

Last, the participants suggested that preparing the material and mentally so that when presenting the proposal it goes well, as well as students think it is better if the presentation of the proposal is not present by other students.

### **Discussion**

Based on the statements of the questionnaires, there were varieties of responses from all respondents. The writer found out that 37 students had different levels of shyness in proposal presentation. Seven students at low level, there were 19 students in moderate level and 11 students in high level. In brief, most of students had a level in high and moderate level. It means that many students have a problem in reducing the shyness. According to Manzoor, the symptoms that felt by students at these levels are worried about the questions although they knew the answer, embarrassment and humiliation.

Furthermore, the factors that contribute to the students' shyness while proposal presentation there are two points. First from the teacher and second from the students.

**Factors from teacher:** Seven of the participants (70%) responded that they were very concerned about teacher personality. They frequently answered worried when they get or faced by a teacher who had never taught before in class. Moreover, two respondents of them conveyed that they felt shy because they do not intimate with the teacher. Students thought that closeness to the teacher was necessary to create a comfortable situation, especially in conveying the proposal. Unclear explanation may also contribute to their shyness in proposal

presentation. The students often do not understand the questions from the teacher because the delivery is complicated or not in simple way. Students told that they started to feel uneasy when they do not understand what teacher asking about.

**Factors from students:** students' low self-esteem is the main factor of students' shyness. Seven students claimed that they felt nervous when presenting the proposal. As has been described in chapter two, nervousness is a symptom of shyness which can lead to the shy factor itself. Students felt nervous so that in the delivery the presentation is unclear. Another reason that can reduce self-confidence is fear of laughed by others. 90% students answered that they insecure about the presence of other students.

One student responded that an environment also has an effect on shyness. This could happen because the student has not adjusted to the environment. Student still has adapted to new activities such as the proposal presentation which is be the first experience.

Lack of preparation and material were also the factors that contributed to the students' shyness. They usually get very shy when asked by the teacher or in conveying the material, this happens because students did not prepare enough for test or speaking practice and also they were studying less.

### **CONCLUSION**

The students have a problem in eliminating shyness therefore they could felt the symptoms of shyness. The writer has noticed numerous elements that lead to the students' timidity in making the proposal presentation. The teacher's personality and incomprehensible input are two aspects that lead to the timidity of the students. Students are anxious about being confronted by a teacher they have never met before. Students were also concerned about the lack of clarity in the

explanation. Low self-esteem, the surroundings, a lack of preparation, and content are all elements that contribute to students' shyness.

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